

I Carreira de Montaña

Ruta das Minas – Val do Turía

A PONTENOVA

LUGO

Organiza: **S.D. ALBIÓNS**

Patrocina: **Concello da Pontenova**

Colabora: **Supermercado CEMAR A Pontenova**

Domingo 03 de outubro de 2010 - 11.00 horas

CLASIFICACIONES

| POSTO | TEMPO | DORSAL | NOME | POR |
|-------|---------|--------|--------------------------------|-----------|
| | | | | CATEGORÍA |
| 1 | 0:51:28 | 325 | José Manuel Corral López | 1 |
| 2 | 0:53:04 | 100 | Catalin Dragomir | 1 |
| 3 | 0:53:09 | 101 | Constantin Dragomir | 2 |
| 4 | 0:53:11 | 216 | Luis A Novo Veiga | 1 |
| 5 | 0:53:51 | 510 | Emilio Martínez Antas | 1 |
| 6 | 0:54:26 | 231 | Alberto Valiño Méndez | 2 |
| 7 | 0:54:44 | 300 | Andrés Lombardero Fernández | 2 |
| 8 | 0:55:01 | 415 | José Luis Valiña Méndez | 1 |
| 9 | 0:55:16 | 305 | José Barreiro Arias | 3 |
| 10 | 0:55:31 | 204 | Elías Díaz López | 3 |
| 11 | 0:55:54 | 230 | Hassan Oukui | 4 |
| 12 | 0:55:59 | 206 | Iván Montes Lombao | 5 |
| 13 | 0:56:03 | 320 | Felipe Barata Villapol | 4 |
| 14 | 0:56:04 | 201 | Javier Carballido San Fiz | 6 |
| 15 | 0:56:05 | 308 | Jesús Gavino Soto Gómez | 5 |
| 16 | 0:56:23 | 407 | José Manuel González Santam. | 2 |
| 17 | 0:56:25 | 221 | Diego Fernández Rodríguez | 7 |
| 18 | 0:57:25 | 402 | José María Pérez Pereira (Che) | 3 |
| 19 | 0:57:28 | 509 | Luis Fernández Méndez | 2 |
| 20 | 0:57:37 | 500 | José María Rodil Arruñada | 3 |
| 21 | 0:57:43 | 222 | Rubén Rodríguez Díaz | 8 |
| 22 | 0:58:46 | 602 | Ramiro Méndez Rodríguez | 1 |
| 23 | 0:59:33 | 309 | Javier Frián Fernández | 6 |
| 24 | 1:00:00 | 601 | Gerardo Pérez Lenza | 2 |
| 25 | 1:00:40 | 316 | Pablo García Esteban | 7 |
| 26 | 1:01:00 | 603 | Manuel Jesús Vallina Sánchez | 3 |
| 27 | 1:01:07 | 310 | Pablo Míguez López | 8 |
| 28 | 1:01:13 | 200 | Juan José Amoedo Outeda | 9 |
| 29 | 1:01:23 | 505 | Francisco Fuentes Castro | 4 |
| 30 | 1:02:10 | 224 | Antonio Insua Rodríguez | 10 |
| 31 | 1:02:11 | 508 | Rafael Santiago García | 6 |
| 32 | 1:02:12 | 219 | Elvis Rodríguez Vián | 11 |
| 33 | 1:02:26 | 507 | José Luis Díaz Vázquez | 7 |
| 34 | 1:03:23 | 804 | José Luis Merodio Vázquez | 1 |
| 35 | 1:03:48 | 412 | David Fernández Gayol | 4 |
| 36 | 1:04:41 | 302 | Santiago Coladas-Guzmán | 9 |

CLASIFICACIONES

| POSTO | TEMPO | DORSAL | NOME | POR |
|-------|---------|---------|-----------------------------|-----------|
| | | | | CATEGORÍA |
| 37 | 1:04:42 | 304 | Jorge García Esteban | 10 |
| 38 | 1:04:43 | 303 | Iván García Esteban | 11 |
| 39 | 1:04:51 | 223 | Diego Cao Dopico | 12 |
| 40 | 1:05:07 | 703 | José Rodríguez Mayo | 1 |
| 41 | 1:05:33 | 306 | Miguel Vidal Reigosa | 12 |
| 42 | 1:05:50 | 406 | Pedro Abeledo Cortizán | 5 |
| 43 | 1:06:09 | 702 | Emilio Toral Romero | 2 |
| 44 | 1:06:18 | 506 | Juan José Méndez Arbesu | 8 |
| 45 | 1:06:31 | 321 | Alfonso Coladas-Guzmán | 13 |
| 46 | 1:06:55 | 409 | Francisco Ulloa Prado | 6 |
| 47 | 1:07:24 | 200 (m) | Guadalupe Lodeiro Núñez | 1 |
| 48 | 1:10:05 | 600 | Juan José Rego González | 4 |
| 49 | 1:10:34 | 211 | Andrés Melgar Freire | 13 |
| 50 | 1:10:57 | 414 | José Jesús Alonso Lastra | 7 |
| 51 | 1:10:58 | 307 | Angel Ares Fernández | 14 |
| 52 | 1:11:45 | 416 | Venancio Souto Román | 8 |
| 53 | 1:12:15 | 322 | Luis Graña González | 15 |
| 54 | 1:12:40 | 500 (m) | Ana María Ferradás Barrera | 1 |
| 55 | 1:12:41 | 512 | Moncho Méndez López | 9 |
| 56 | 1:13:07 | 300 (m) | Natalia Míguez López | 1 |
| 57 | 1:13:20 | 701 | Francisco Sobrino Mosquera | 3 |
| 58 | 1:13:23 | 401 | Alain Piñón López | 9 |
| 59 | 1:14:17 | 102 | Guillermo Morán Sánchez | 3 |
| 60 | 1:14:19 | 800 | Manuel García Alfonso | 2 |
| 61 | 1:14:27 | 801 | Jesús Bernal Gómez | 3 |
| 62 | 1:15:09 | 207 | Ramón Miquens Lago | 14 |
| 63 | 1:15:54 | 226 | Marcos Vega Esperen | 15 |
| 64 | 1:16:31 | 600 (m) | Manuela Guisasola Escudero | 1 |
| 65 | 1:16:45 | 326 | Pedro Domenech González | 16 |
| 66 | 1:16:52 | 402 (m) | Sonia Vázquez Rodríguez | 1 |
| 67 | 1:17:03 | 803 | José A. Rodríguez Fernández | 4 |
| 68 | 1:19:55 | 103 | Alejandro Calvo Figueira | 4 |
| 69 | 1:20:00 | 225 | Andrés Faiña Rodríguez | 16 |
| 70 | 1:20:26 | 800 (m) | Olga Fernández Valdés | 1 |
| 71 | 1:22:09 | 802 | Manuel González Méndez | 5 |
| 72 | 1:22:11 | 317 | Javier Costa Rouco | 17 |
| 73 | 1:22:15 | 401 (m) | Mª Dolores Ferreiro Pena | 2 |
| 74 | 1:22:15 | 404 | José Manuel Nuñez Fariña | 10 |
| 75 | 1:22:59 | 303 (m) | Marta Otero Rodríguez | 2 |
| 76 | 1:24:05 | 502 | José A. Freije López | 9 |
| 77 | 1:25:09 | 313 | Javier Dominguez Blanco | 18 |
| 78 | 1:25:13 | 301 (m) | Iaga Camacho Souto | 3 |
| 79 | 1:26:03 | 318 | Emilio Pallares Álvarez | 19 |
| 80 | 1:26:15 | 403 (m) | Paloma Carreira Uceda | 3 |
| 81 | 1:28:08 | 504 | José Manuel Calvo Otero | 10 |
| 82 | 1:28:36 | 400 (m) | Fedra Álvarez Vijande | 4 |
| 83 | 1:28:37 | 301 | José López Gavín | 20 |