

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
1	1	786 PEREZ LOPEZ Manuel	VETERANS	N	-	33:39
2	2	264 CES SUAREZ Oscar	SENIOR	N	SAR A POUTADA	34:47
3	3	1 ALEN MIJEZ Pedro	VETERANS	N	A.A SILVA	34:57
4	4	473 ALVAREZ BENDAÑA Alberto	SENIOR	N	SAR-A POUTADA	35:04
5	5	480 MACEIRAS LAGO Angel	VETERANS	N	SAR-A POUTADA	35:10
6	6	32 VAZQUEZ AGRA Cesar	SENIOR	N	ATLETISMO MILLADOIRO	35:13
7	7	554 MIGUENS GASAMANES Felipe	VETERANS	-	-	35:23
8	8	397 PELLITERO VARELA Martin	SENIOR	N	CLUB DE ATLETISMO OLIVEIRA	35:25
9	9	461 ACOSTA ALCOBA Miguel Angel	SENIOR	N	CIDADE DE LUGO FLUVIAL	35:28
10	10	273 FERNANDEZ MARCOS Noel	SENIOR	N	CLUB MARINEDA ATLETICO	35:47
11	11	34 PARDO LEIS Jose Manuel	VETERANS	N	TRIATLON REMECO MURALLA DE LUGO	35:49
12	12	10 EIRIS BARCA Andres	VETERANS	S	-	36:06
13	13	356 CARRILLO SOLVOSO Miguel Angel	VETERANS	N	CUB MILLADOIRO	36:36
14	14	26 RECOUSO CAAMAÑO Jose Antonio	VETERANS	N	CORUÑA COMARCA	36:36
15	15	190 SISO GARCIA Javier	VETERANS	N	-	36:53
16	16	401 COUÑAGO CASTRO Ignacio	VETERANS	N	USC	37:19
17	17	5 GOMEZ FERREIRO Pedro	SENIOR	S	-	37:32
18	18	255 RAMOS FERROL Arturo	VETERANS	N	CLUB ATLETISMO MILLADOIRO	37:34
19	19	785 SOUSA Andre Luis	SENIOR	N	-	38:23
20	20	368 BRUN PINTOR David	VETERANS	N	RIALTO	38:28
21	21	169 BOQUETE CASAS Jose Manuel	VETERANS	S	ATLETISMO ORDES	38:34
22	22	80 LOPEZ REY Jonathan	SENIOR	N	-	38:44
23	23	362 DEZA RODRIGUEZ Carlos	VETERANS	N	PATUKOS TIM RANIN	38:46
24	24	497 BOUZAN ALONSO Adrian	SENIOR	N	A.D.FOGAR	38:58
25	25	584 SEOANE PUGA Javier	VETERANS	N	-	39:01
26	26	474 FIGUEIRAS FIGUEIRAS Jose Francisco	VETERANS	N	-	39:03
27	27	187 RODRIGUEZ GOMEZ Martin Eugenio	SENIOR	N	ATLETISMO MILLADOIRO	39:05
28	28	270 MUINELO PEDREIRA Paulo Xoan	VETERANS	N	CORUÑA COMARCA	39:05
29	29	314 IGLESIAS DURO Raul	SENIOR	N	-	39:06
30	30	372 IGLESIAS CASAL Ricardo	SENIOR	N	RÍA FERROL	39:20
31	31	490 GONZALEZ AVION Xose Carlos	VETERANS	N	-	39:27
32	32	305 SEGADE CAROU Ivan	SENIOR	N	-	39:28
33	33	590 TURNES CORDEIRO Jose Manuel	VETERANS	-	CLUB ALEJANDRO LOPEZ	39:32
34	34	36 GARCIA MARTINEZ Evaristo	VETERANS	N	SAR-A POUTADA	39:32
35	35	208 INSUA GONZALEZ Narciso	SENIOR	N	CLUB ATLETISMO NOIA	39:38
36	36	572 REY RODRIGUEZ Oscar	VETERANS	S	-	39:39
37	37	325 MELLA FERNANDEZ Javier	VETERANS	N	CORUÑA COMARCA	39:45
38	38	250 FERNANDEZ OTERO Luis Javier	VETERANS	N	ATLETISMO SAR A POUTADA	39:51
39	39	298 BOUZAS MARTINEZ Oscar	SENIOR	S	-	39:52
40	40	151 ALVAREZ VARELA Javier	SENIOR	N	-	39:57

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
41	41	395 GIL LAMEIRO Horacio	VETERANS	N	REAL CLUB CELTA	39:58
42	42	528 CASAL AUGE Luis	SENIOR	N	CLUB ATLETISMO SADA	39:58
43	43	282 ESPASANDIN CORES Sergio	SENIOR	N	CLUB COMARCA CORUÑA	40:03
44	44	418 GONZALEZ FREIRE Mario	VETERANS	N	GONZACAR	40:03
45	45	321 BARDANCA FUENTES Carlos	SENIOR	S	-	40:05
46	46	456 FERNANDEZ GONZALEZ Oscar	SENIOR	N	ATLETISMO FONTES DO SAR	40:15
47	47	516 ARIAS DE LA VEGA Javier	VETERANS	N	-	40:21
48	48	105 VEIGUELA NUÑEZ Jesus	VETERANS	N	MARATHONTOURS.ES	40:22
49	49	598 VILA DIAZ Henrique	VETERANS	N	CLUB RIALTO	40:22
50	50	578 RODRIGUEZ TAJES Jose Manuel	VETERANS	N	-	40:24
51	51	410 NOGUEIRA PEREZ Miguel Anxo	SENIOR	N	NOITEBRA FC	40:26
52	52	185 JUANATEY PEREZ Jose Antonio	VETERANS	N	ATLETISMO FONTES DO SAR	40:26
53	53	551 LORENZO SANTOS Constante	SENIOR	N	-	40:28
54	54	484 MARTINEZ VICENTE Jose Luis	SENIOR	N	PATUKOS TIM RANIN	40:29
55	55	576 RODRIGUEZ SANCHEZ Marcos	VETERANS	N	CLUB RIALTO	40:30
56	56	545 GONZALEZ TALACERO Marcos	VETERANS	N	CLUB RIALTO	40:32
57	57	488 ABEL SUAREZ Jose Ramon	VETERANS	N	NOITEBRA FC	40:33
58	58	460 SUAREZ LEIS Jose	VETERANS	N	-	40:35
59	59	481 MARTINEZ LOPEZ Alberto	SENIOR	S	-	40:36
60	60	88 CORREA PIÑEIRO Francisco Javier	VETERANS	N	CORUÑA COMARCA	40:42
61	61	27 MARTINEZ VALVERDE Juan Carlos	VETERANS	N	ORDES	40:45
62	62	478 BERMUDEZ TURNES Jose Antonio	VETERANS	N	NOITEBRA FC	40:48
63	63	51 PIÑEIRO VEIRA Manuel Ignacio	VETERANS	N	-	40:54
64	64	17 GUTIERREZ ALONSO Benito	VETERANS	N	FONTES DO SAR	41:07
65	65	133 LOPEZ RODRIGUEZ Antonio	SENIOR	S	-	41:13
66	66	142 CAMPOS AGRELO Jose Manuel	VETERANS	S	-	41:13
67	67	505 FERRADAS VILAN Alfonso	VETERANS	N	-	41:15
68	68	71 GARCIA PAZOS Roberto	SENIOR	N	SADA	41:18
69	69	370 FIGUEIRAS MARTINEZ Baltasar	SENIOR	N	-	41:19
70	70	278 GARCIA GALLEGO Tomas	VETERANS	N	-	41:21
71	71	499 FERREIRO Iago	SENIOR	N	-	41:23
72	72	452 PASANTES VIDAL Arturo	VETERANS	N	-	41:25
73	73	774 RAMILLA FERNANDEZ Juan Carlos	VETERANS	N	-	41:26
74	74	593 VARELA NUÑEZ Alberto	VETERANS	N	-	41:29
75	75	455 FERNANDEZ CASAIS Adrian	SENIOR	N	-	41:29
76	76	403 RAMILO CARBALLIDO Roberto Carlos	VETERANS	N	-	41:30
77	77	391 CARRO SUAREZ Pablo	VETERANS	N	CD RIALTO	41:33
78	78	153 DIAZ LOPEZ Carlos	VETERANS	N	-	41:41
79	79	120 IGLESIAS PARDO Tino	VETERANS	N	USC	41:52
80	80	172 CONEJO PENA Victor	SENIOR	N	-	41:57

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
81	81	279 CALO CANOSA Manuel	SENIOR	N	CEE	41:57
82	82	300 PUEYO SANTILLANA Ricardo	VETERANS	N	-	42:00
83	83	559 PASANTES PEREZ Francisco Jose	SENIOR	N	-	42:01
84	84	312 ABELEDO PATIÑO Tomas	VETERANS	N	ATLETISMO RIAZOR CORUÑA	42:06
85	85	288 GARCIA POMBO Oscar	SENIOR	S	-	42:08
86	86	263 PERRAMON BONIGNO Marc	VETERANS	N	-	42:14
87	87	594 VARELA ROMAY Daniel	SENIOR	N	-	42:16
88	88	198 GONZALEZ LAMELAS Aurelio	VETERANS	N	-	42:18
89	89	154 MARTINEZ POMBO Jose Laureano	VETERANS	S	FOGAR NATACIÓN CARBALLO	42:18
90	90	175 PARDIÑAS RODRIGUEZ Manuell Anxo	VETERANS	S	-	42:19
91	91	304 RODRIGUEZ CAMBON Jose Adrian	SENIOR	N	JUDO CLUB AMIGOS DO JUDO LARACHA	42:22
92	92	482 GARCIA PARDO Marcos	VETERANS	S	-	42:22
93	93	493 RILO LOPEZ Jose	VETERANS	N	ATLETISMO CORUÑA COMARCA	42:23
94	94	152 SOTO GARCIA Francisco	VETERANS	N	AMIGOS DE SAN DIEGO	42:27
95	95	335 DOMINGUEZ REY Carlos	SENIOR	S	-	42:33
96	96	522 BRANDON RODRIGUEZ Juan Carlos	VETERANS	N	CLUB ATLETISMO FONTE DO SAR	42:33
97	97	3 CASTRO CUERVO Ramon	VETERANS	S	-	42:36
98	98	237 CANOSA CASTIÑEIRA Ramon	VETERANS	N	-	42:42
99	1	260 ALVITE FERREIRO Rocio	SENIOR	N	-	42:43
100	99	238 CALVO FERNANDEZ Jose Ignacio	SENIOR	N	CLUB ATLETISMO NOIA	42:46
101	100	44 FELIPEZ PAZOS Suso	VETERANS	N	LARACHA INFINITO	42:51
102	2	563 PEREZ BARDANCA Margarita	VETERANS	N	CLUB CELTA ATLETISMO FEMENI-	42:59
103	101	127 SEGUI FERNANDEZ Enrique	SENIOR	N	-	43:20
104	102	586 SUAREZ GORIN Jose	VETERANS	S	-	43:20
105	103	596 VIEITES CALVELO Juan Jose	SENIOR	S	-	43:21
106	104	339 RODRIGUEZ BELLO Diego	SENIOR	N	IKEA	43:25
107	105	494 GOMEZ CORTES Juanjo	VETERANS	N	-	43:27
108	106	331 BRUN PINTOR Pablo	VETERANS	N	-	43:28
109	107	227 ARIJON GONTAD Ivan	SENIOR	N	-	43:29
110	108	376 RODRIGUEZ FILGUEIRAS Marcelo	VETERANS	N	RIALTO	43:42
111	109	94 CAAMAÑO VARELA Pedro Jose	SENIOR	N	-	43:42
112	110	86 GOMEZ COSTOYA Miguel	VETERANS	N	-	43:46
113	111	465 FERNANDEZ INSUA Estanislao Francisco	VETERANS	N	CLUB ATLETISMO NOIA	43:49
114	112	299 BARREIRO CERNADAS Jose Ramon	VETERANS	N	PATO BLANCO CELANOVA	43:50
115	113	176 LISTA SUAREZ Raul	VETERANS	S	A.D.FOGAR	43:52
116	114	417 SANTANA GOMEZ Benito	VETERANS	N	A.D.FOGAR	43:52
117	115	315 MIRA PEREZ Pablo	VETERANS	N	-	43:53
118	116	168 PAZ LEIRAS Miguel	SENIOR	N	-	43:57
119	117	42 REY CAMIÑO Jose	VETERANS	N	-	43:59
120	118	261 VILLAMARIN CORES Rafael	VETERANS	N	-	44:03

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
121	119	571 RAMOS BOTANA Jose Juan	VETERANS	N	-	44:04
122	120	347 LAMAS POSE Xose Manuel	VETERANS	N	-	44:05
123	121	115 PENA NUÑEZ Jesus Manuel	VETERANS	S	ATÉTICA A SILVA	44:08
124	122	76 FACAL FRAGA Sergio Manuel	VETERANS	S	-	44:09
125	123	257 SANTABAYA CANOSA Victor	SENIOR	N	-	44:13
126	124	508 GONZALEZ AREVALO Javier	SENIOR	N	-	44:15
127	125	6 TRIAS MAÑAY Santiago	SENIOR	N	-	44:16
128	3	459 LEIRA MARTIN Maria Victoria	SENIOR	N	CORUÑA COMARCA	44:19
129	4	92 CASTRO VILLAVARDE Maria Teresa	VETERANS	N	-	44:21
130	126	432 NOVO BUJEIRO Javier	SENIOR	N	GIMNASIO VIMIANZO	44:23
131	127	457 SANCHEZ GOMEZ Pablo	SENIOR	N	ATLETISMO FONTES DO SAR	44:27
132	128	150 RODRIGUEZ RAMOS Jose Ramon	SENIOR	S	-	44:28
133	129	215 ROCA RODRIGUEZ Jose Manuel	VETERANS	N	-	44:29
134	130	217 CALDAS CASTRO Gregorio	SENIOR	S	CSR	44:29
135	131	56 GARCIA BELLO Santiago	VETERANS	N	-	44:29
136	132	61 PEREZ MATO Enrique	SENIOR	S	-	44:30
137	133	291 SANTOS SUAREZ Victor Manuel	VETERANS	N	-	44:31
138	134	247 BAUTIS OTERO Juan Manuel	VETERANS	N	-	44:31
139	135	385 CASTRO SUAREZ Diego	VETERANS	N	RIALTO	44:44
140	136	248 MOREIRA MIRA Joaquin	VETERANS	S	-	44:45
141	137	388 CAMPOS GARCIA Jose Manuel	SENIOR	S	-	44:49
142	138	20 SANCHEZ FERREIRO Manuel	VETERANS	N	INDIVIDUAL	44:51
143	139	515 AREOSA MUÑIZ Jesus Manuel	SENIOR	S	XIMNASIO CORPORAL X PRESS	44:53
144	140	296 SANTOS SUAREZ Jose Luis	VETERANS	N	-	44:55
145	141	12 LORENZO EIRIS Marcos	SENIOR	N	-	45:02
146	142	262 ORDOÑEZ RODRIGUEZ Marcos	VETERANS	N	SAUNIER DUVAL	45:06
147	143	146 PEREIRO VAZQUEZ David	SENIOR	N	-	45:06
148	144	585 SOUTO VILA Ricardo	VETERANS	N	-	45:14
149	145	87 TRILLO CARLIN Jose Fernando	VETERANS	S	FOGAR NATACION CARBALLO	45:15
150	146	316 PEÑA VEIGA Jose Javier	VETERANS	N	ALEJANDRO GOMEZ	45:16
151	147	72 MAQUIEIRA BORRAJO Miguel	VETERANS	N	ARTEIXO	45:20
152	148	15 FERREIRO CANCELA Diego	SENIOR	S	-	45:22
153	149	245 RODRIGUEZ MEJUTO Sergio	SENIOR	N	-	45:28
154	150	381 GOMEZ DORRIO Antonio	SENIOR	N	A.D. FOGAR	45:29
155	151	566 PIÑEIRO ABEIJON Benito	VETERANS	-	-	45:31
156	152	189 TRASHORRAS JUNQUEIRA Ivan	SENIOR	N	-	45:32
157	153	547 LEMA MOUZO Gumersindo	VETERANS	S	-	45:32
158	154	178 GOMEZ GARCIA Modesto	VETERANS	N	ATLETISMO FONTES DO SAR	45:33
159	155	434 COUSILLAS COLLAZOS Francisco	SENIOR	S	SAUNIER DUVAL	45:34
160	156	343 ESTEVEZ RAMA Javier	SENIOR	N	-	45:35

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
161	157	556 MIRANDA SANCHEZ Manuel	SENIOR	N	-	45:39
162	158	163 SOUTO VEIGA Carlos	VETERANS	N	-	45:42
163	159	361 ESCUDERO CASCON Carlos	VETERANS	N	-	45:42
164	160	458 PAN CASAS Juan Jose	SENIOR	N	-	45:47
165	161	302 NEGREIRA BARCIA Daniel	SENIOR	N	-	45:47
166	162	588 TABARA RODRIGUEZ Juan	VETERANS	-	-	45:49
167	163	295 REMUIÑAN GOMEZ Carlos Alberto	VETERANS	S	-	45:49
168	164	573 REY SEOANE Roberto	VETERANS	N	-	45:57
169	165	78 RAMA RODRIGUEZ Enrique Jorge	VETERANS	N	-	46:00
170	166	132 SEOANE CHAS Jose Manuel	VETERANS	N	LIBRE	46:02
171	167	567 PORTO CALVELO Bruno	SENIOR	-	-	46:09
172	168	50 TOUCEDA ABELLEIRA Xose	VETERANS	N	CLUB ATLETISMO OLIVEIRA	46:14
173	169	324 LIMENS PRADO Maximino	VETERANS	N	ALEJANDRO GOMEZ	46:20
174	170	111 CONCHEIRO FERNANDEZ Guillermo	VETERANS	N	-	46:23
175	171	130 PEREZ ALVAREZ Juan Vidal	VETERANS	N	-	46:28
176	172	364 ALVAREZ IGLESIAS Domingo	VETERANS	N	-	46:29
177	173	213 DANS PEREZ Diego	SENIOR	N	-	46:30
178	174	96 MALLO LEA Jose Manuel	SENIOR	N	-	46:30
179	175	568 QUINTELA JULIAN Jose Luis	VETERANS	-	-	46:30
180	5	537 FERNANDEZ CAMPOS Purificacion	VETERANS	-	-	46:33
181	176	422 GARCIA VARELA Adrian	SENIOR	S	-	46:34
182	177	125 LOUREIRO GARRIDO Hector	SENIOR	N	INDEOENDIENTE	46:34
183	178	536 ESPINOSA NERGARA Nelson	VETERANS	N	ASOCIACION OS MORCEGOS	46:34
184	179	252 DIAZ VILLALBA Jorge	SENIOR	N	-	46:44
185	180	341 BORINES GARCIA Diego	SENIOR	N	IKEA	46:46
186	181	7 BLAZQUEZ SUAREZ Jesus Alberto	VETERANS	N	-	46:50
187	182	121 BERMUDEZ CERQUEIRO Francisco Javier	SENIOR	S	-	47:00
188	183	251 GONZALEZ TORRES Francisco Jose	VETERANS	N	-	47:00
189	184	206 ROMERO ROMERO Francisco Javier	VETERANS	N	-	47:03
190	185	82 LLAMAS IGLESIAS Marcos Manuel	SENIOR	S	-	47:04
191	186	148 RODRIGUEZ RAMOS Javier	SENIOR	S	-	47:07
192	187	290 CASTRO RODRIGUEZ Marcos	SENIOR	N	-	47:07
193	188	511 ALONSO MATO Sergio	SENIOR	N	-	47:08
194	189	84 BARCOS PEREIRA Eduardo	VETERANS	S	-	47:09
195	190	21 LANDEIRA RIOS Manuel	VETERANS	N	CORUÑA COMARCA	47:11
196	191	117 VALDES Jorge	VETERANS	N	-	47:14
197	192	318 TAIBO POSE Javier	SENIOR	S	-	47:15
198	193	521 BLANCO VILARIÑO Diego	SENIOR	S	-	47:18
199	194	281 PEDREIRA ULLOA Roberto	SENIOR	N	-	47:18
200	195	512 ALVARADO NARVAEZ Mario	VETERANS	-	-	47:18

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
201	196	503 BUCETA FREIRE Jorge	SENIOR	N	CLUB ATLETISMO SADA	47:25
202	197	350 LAMEIRO NIETO Miguel	SENIOR	N	-	47:25
203	198	186 GONZALEZ RAMIL Juan Jose	VETERANS	N	ARTABROS	47:29
204	199	197 RODRIGUEZ NION Manuel Ernesto	VETERANS	S	PARTICULAR	47:30
205	200	329 DOMENECH GONZALEZ Pedro	VETERANS	N	CLUB ATLETISMO CORUÑA COMARCA	47:39
206	201	448 GOMEZ BOTANA Xose Anton	VETERANS	N	EGOVARROS VIVEIRO	47:41
207	202	346 RODRIGUEZ CAMPOS Francisco Xabier	SENIOR	N	SAUNIER DOUVAL	47:47
208	203	543 GOMEZ PALLAS Francisco Jose	VETERANS	S	-	47:47
209	204	367 PEREZ BOGA Julio	VETERANS	N	-	47:47
210	6	489 VEIRA PORTELA Silvia	SENIOR	N	A.D.FOGAR	47:49
211	205	240 ASTRAY CASTRO Jesus	VETERANS	N	-	47:54
212	206	140 FREIRE SALORIO Jose Carlos	SENIOR	N	-	47:57
213	207	440 VAZQUEZ GARCIA Alejandro	SENIOR	N	-	47:58
214	208	580 ROJAS PARRA Stiven	SENIOR	N	CLUB ATLETISMO SADA	48:05
215	209	407 MUIÑO CASTRO Xoan Carlos	SENIOR	N	-	48:05
216	210	371 CAJARAVILLE ARAUJO Hector	VETERANS	N	-	48:12
217	211	476 VILLACAMPA Juan	VETERANS	N	-	48:14
218	212	377 MARTINEZ GALDOS Daniel	VETERANS	N	-	48:15
219	213	60 RODRIGUEZ GARRIDO Marcelino	VETERANS	N	FONTES DO SAR	48:27
220	214	441 CALVO MATA Jose Manuel	VETERANS	N	-	48:29
221	215	560 PAZ ABELENDA Jose	VETERANS	N	-	48:31
222	216	210 OTERO CEPEDA Daniel	VETERANS	N	-	48:34
223	217	374 VEIGA MENENDEZ Luis	VETERANS	N	-	48:35
224	7	442 LORENZO PEREZ Natalia	SENIOR	N	CLUBE MILLADOIRO	48:44
225	218	529 CASTRO COUTO Fidel	SENIOR	S	-	48:45
226	219	14 GARCIA PEREZ Anton Xose	SENIOR	N	-	48:46
227	220	283 FERNANDEZ RODRIGUEZ Javier	SENIOR	S	AGRUPACIÓN DEPORTIVA FOGAR	48:47
228	221	425 PUJALES MARTINEZ Xose Enrique	VETERANS	N	CLUB ALEJANDRO GÓMEZ	48:49
229	222	196 MALLO VARELA Alexandre	SENIOR	S	F.C.BERGANTIÑOS	48:49
230	223	75 PENSADO TASENDE Sergio	SENIOR	S	-	48:51
231	224	43 BREA SANCHEZ Jose Maria	VETERANS	N	-	48:51
232	225	224 PEREZ BALIRAC Jesus	VETERANS	N	-	48:51
233	226	109 DIAZ CARBALLO Miguel	VETERANS	N	-	48:55
234	227	781 REY RODRIGUEZ Oscar	VETERANS	N	-	48:56
235	228	348 SUAREZ BERMUDEZ Francisco Javier	SENIOR	N	-	49:03
236	229	2 VIGO SANZ Juan Pedro	VETERANS	S	OS GAITEIROS NON PARAN	49:04
237	230	610 SUAREZ CAMBON Jose Antonio	VETERANS	N	-	49:04
238	231	35 SECO TORRES Pablo	VETERANS	N	-	49:05
239	232	220 LAPIDO DOLDAN Pablo	VETERANS	S	-	49:06
240	233	414 GONZALEZ CASTRO Jose Daniel	VETERANS	N	A.D.FOGAR DE CARBALLO	49:08

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
241	234	445 BLANCO PARADA Manuel	VETERANS	N	RIALTO	49:08
242	235	416 AMADOR PARDO Jose Ramon	VETERANS	N	RIALTO CORUÑA	49:08
243	236	123 PEREZ GIANNETTO Alejandro	SENIOR	N	-	49:14
244	237	25 REY MERA Juan	VETERANS	S	-	49:19
245	238	525 CALVIÑO BUGUEIRO Lolo	VETERANS	-	-	49:21
246	239	85 ALVAREZ PATIÑO Marcos	VETERANS	N	-	49:22
247	240	533 DARRIBA FERNANDEZ Jaime	VETERANS	-	-	49:25
248	241	119 GOMEZ LEMOS Francisco Javier	VETERANS	N	----	49:35
249	242	352 CAO BOEDO Marcos	VETERANS	N	-	49:45
250	243	138 FERREIRO CASTILLO David	VETERANS	N	-	49:46
251	244	330 GOMEZ FERREIRO Alberto	VETERANS	S	-	49:46
252	245	558 PADIN BARCA Juan Carlos	VETERANS	S	-	49:51
253	246	173 MALLO NIEVES Jose Manuel	VETERANS	N	-	50:00
254	247	561 PENA SOUTO Eliseo	SENIOR	S	-	50:02
255	248	400 MACEIRAS SEOANE Roberto	SENIOR	N	-	50:06
256	249	113 GONZALEZ GARCIA Emilio	VETERANS	S	PEÑA CICLISTA MEDIA DUCIA	50:14
257	250	277 CASA VADILLO Jose Antonio	VETERANS	N	-	50:18
258	251	280 SANTISO SEOANE Jose Antonio	VETERANS	N	-	50:20
259	252	320 PAN OTERO Fermin	VETERANS	N	EGOVARROS DE VIVEIRO	50:22
260	253	319 SUAREZ VAZQUEZ Julio	VETERANS	N	-	50:22
261	254	110 CUERVO LOPEZ Guillermo	VETERANS	N	-	50:23
262	255	502 GARCIA CARRO Francisco	VETERANS	N	CRM	50:23
263	256	451 REY SOUTO Jesus Enrique	VETERANS	N	BOIMORTO	50:24
264	257	147 FROJAN RIAL Victor	VETERANS	S	-	50:26
265	258	244 SOUTO GARCIA Marcos	SENIOR	N	-	50:26
266	259	57 MONTERO LAGO Jesus	VETERANS	N	-	50:27
267	260	518 BARRIENTOS CAPELO Francisco	VETERANS	N	CD ERGOBARROS VIVEIRO	50:32
268	261	604 DE PAZOS ELORZA Iñigo	VETERANS	N	-	50:35
269	262	466 RUBIO ALAMEDA Ricardo	VETERANS	N	-	50:38
270	263	129 ARGIZ LANDEIRA Xoan Carlos	VETERANS	S	0	50:39
271	264	540 FRAGA GARCIA Jose Luis	SENIOR	S	-	50:40
272	265	101 SANCHEZ LOUREDA Jose Manuel	VETERANS	N	-	50:41
273	266	393 CAMPO IGLESIAS Alain	SENIOR	N	-	50:41
274	267	89 RODRIGUEZ CAPELET Pablo	SENIOR	S	-	50:46
275	8	9 VARELA PEREZ Sonia	SENIOR	N	-	50:47
276	268	464 CENDAN PRADO Antonio	VETERANS	N	ZONA FIT	50:54
277	269	363 VARELA GOMEZ Ignacio	VETERANS	N	-	50:55
278	270	383 FUENTES BERMEJO Francisco	VETERANS	N	-	50:58
279	271	230 LORENZO GONZALEZ Hector	SENIOR	S	-	51:00
280	272	520 BLANCO LAGOA Damian	SENIOR	S	IES PARGA PONDAL	51:11

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
281	273	336 SOBRINO MOSQUERA Francisco	VETERANS	N	-	51:16
282	274	317 PUGA BESTILLEIRO Francisco Jose	VETERANS	N	-	51:20
283	275	229 RIOS SUAREZ Juan Marcos	SENIOR	S	-	51:22
284	276	202 BERNABEU ALONSO Francisco	SENIOR	N	-	51:25
285	277	486 DEZA RODRIGUEZ Miguel	VETERANS	N	-	51:26
286	278	77 ALVAREZ TABOADA Victor Manuel	SENIOR	N	-	51:26
287	279	514 AMARELLE DOLDAN Jose Antonio	VETERANS	S	-	51:29
288	280	577 RODRIGUEZ SOUTO Miguel Angel	VETERANS	S	-	51:32
289	281	463 FERNANDEZ AMORIN Jose	VETERANS	N	-	51:40
290	282	358 FRADE LOUREIRO Francisco Javier	SENIOR	S	-	51:44
291	283	118 CASTRO DE LA FUENTE Miguel	SENIOR	N	-	51:48
292	284	276 ABELENDIA LEMA Adrian	SENIOR	S	-	51:48
293	285	412 VARELA VARELA Carlos	SENIOR	N	CORPORAL X-PRESSION	51:48
294	286	160 ANTELO MONTES Daniel	VETERANS	S	-	51:49
295	287	267 RAMOS MORENO Fernando	VETERANS	N	-	51:59
296	288	188 PEREZ CASTRO Alberto	SENIOR	N	-	52:05
297	289	219 COLLAZO ROJO Roberto Daniel	SENIOR	S	-	52:09
298	290	193 LAGARES CARRO Maximino	VETERANS	N	-	52:13
299	291	199 BLANCO LOPEZ Jose Antonio	VETERANS	N	INDIVIDUAL	52:20
300	292	164 ROJO ESTRAMIL David	SENIOR	S	-	52:25
301	293	128 CASAL VARELA Pablo	VETERANS	N	OS CHARANGAS	52:27
302	294	597 VILA COTELO Jesus	VETERANS	S	-	52:27
303	295	513 ALVAREZ VILLAR Jose Maria	VETERANS	S	-	52:29
304	296	483 TRIGO CAMBON Jaime	VETERANS	S	PEÑA CICLISTA MEDIA DUCIA	52:33
305	297	294 REMUIÑAN SANCHEZ Antonio	VETERANS	S	-	52:39
306	298	293 REMUIÑAN SANCHEZ Alfonso	VETERANS	N	-	52:39
307	299	553 MELLA VECINO Gabriel	VETERANS	N	-	52:54
308	300	438 NAYA MATA Xose Manoel	VETERANS	S	-	52:55
309	301	162 SUAREZ CARRIL Fernando	VETERANS	N	-	52:56
310	302	232 PEREZ PARDIÑAS Alberto	SENIOR	N	-	53:03
311	303	603 MARTÍNEZ PUGA Roberto	VETERANS	S	INDIGENTE	53:16
312	9	174 NOYA PEREZ Belen	VETERANS	N	-	53:17
313	304	351 MATOS COTELO Abel	SENIOR	N	-	53:20
314	10	141 GARRIDO VILARIÑO Mº Belen	VETERANS	S	-	53:20
315	305	236 CARREIRA GARCIA Alejandro	SENIOR	N	-	53:25
316	306	235 CARREIRA GARCIA Xene	SENIOR	N	-	53:36
317	307	143 MARROZOS LOPEZ Miguel	SENIOR	N	-	53:43
318	308	221 BELLO BELLO Francisco	VETERANS	N	-	53:54
319	309	504 VILARIÑO FERNANDEZ David	SENIOR	S	CLUB DEPORTIVO VITAL FITNESS	54:04
320	310	375 PIÑEIRO LAGO Jose Antonio	VETERANS	N	-	54:04

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
321	311	389 SOTO EIROA Edgar	SENIOR	N	SAUNIER DUVAL	54:08
322	312	171 GONZALEZ Gontad	VETERANS	N	-	54:10
323	313	292 RODRIGUEZ LOPEZ Diego Omar	SENIOR	N	EL MAGO	54:17
324	314	297 FREIRE DURO Jose Maria	VETERANS	N	EL MAGO II	54:17
325	315	323 ROMERO YUSTE Federico	VETERANS	N	-	54:26
326	11	265 CASTRO VILLAVERDE Julia	VETERANS	N	-	54:28
327	316	73 MATO SANZ Miguel	VETERANS	N	CAMBRE	54:31
328	12	106 FARIÑA FACAL Elisa	VETERANS	N	-	54:35
329	317	398 PEREZ COSTA Francisco Javier	SENIOR	S	MADRID	54:38
330	13	429 VAZQUEZ FERNANDEZ Azucena	SENIOR	N	-	54:40
331	318	549 LOPEZ GARCIA Miguel	VETERANS	N	-	54:50
332	14	24 DUBRA GARCIA Ana	VETERANS	S	-	54:55
333	15	107 MUÑIZ FARIÑA Danae	SENIOR	N	-	54:58
334	319	408 TEJEIRO ARIAS Jose Luis	VETERANS	S	-	55:00
335	320	509 ABELENDA TRIGO Jorge Luis	SENIOR	S	-	55:02
336	321	527 CARUSO TORRISI Carlos Adrian	VETERANS	S	-	55:23
337	16	415 NAVARRETE CABEZAS Olga	SENIOR	N	A.D. FOGAR	55:25
338	322	355 CANTELAR VARELA Javier	SENIOR	S	-	55:28
339	323	287 SUAREZ BELLO Artur	VETERANS	S	-	55:34
340	324	159 BLANCO MATA Jose Luis	VETERANS	N	-	55:35
341	325	58 RADIO DOMINGUEZ Jose Benito	VETERANS	S	-	55:44
342	326	46 VALDES LOPEZ Carlos	VETERANS	N	-	55:48
343	17	155 RODRIGUEZ GALLEGU Elia	VETERANS	N	-	55:49
344	327	436 CARREIRA PARRADO Manuel	SENIOR	N	SAUNIER DUVAL	56:13
345	328	435 RODRIGUEZ RODRIGUEZ Fernando	SENIOR	N	SAUNIER DUVAL	56:13
346	329	349 SEÑARIS BOO Jose Ramon	SENIOR	N	-	56:15
347	330	492 ALVAREZ RODRIGUEZ Francisco	VETERANS	N	C.D. NANTÓN DE VETERANOS	56:16
348	331	582 SANCHEZ DIAZ Nicolas	VETERANS	S	-	56:16
349	332	177 RODRIGUEZ REY Pablo Antonio	VETERANS	N	-	56:19
350	333	426 DIAZ MOLK Marcos	SENIOR	S	-	56:26
351	334	95 GENDE DIAZ Juan Felix	VETERANS	S	-	56:33
352	18	570 RAMILO CAMBON Angela	SENIOR	S	-	56:38
353	19	583 SENDON RICO Begoña	VETERANS	-	-	57:06
354	335	366 GARCIA GESTO Jose	VETERANS	S	PEÑA CICLISTA MEDIA DUCIA	57:17
355	336	399 GORDILLO CAMPELO Miguel	VETERANS	S	-	57:35
356	337	204 VAZQUEZ CANCELA Rafael	VETERANS	S	PADDINGTON SCHOOL OF ENGLISH	57:56
357	338	485 JACK GOMEZ Juan Carlos	SENIOR	N	-	58:15
358	339	591 URBIETA REY Jose Francisco	VETERANS	S	-	58:22
359	340	4 VILAS ABELENDA Manuel	VETERANS	N	-	58:28
360	341	430 RODRIGUEZ Mayo	SENIOR	N	-	58:33

Posto	Dorsal	Nome	Cat.	Div.	Equipo	Tempo
361	342	431 RODRIGUEZ MENENDEZ Julio	VETERANS	N	-	58:33
362	343	313 ABELEDO PATIÑO Miguel	VETERANS	N	-	59:00
363	344	211 CASTRO RAMOS Cesar	SENIOR	N	-	59:07
364	345	327 MARTINEZ CAAMAÑO Angel	VETERANS	N	-	59:13
365	346	498 RODRIGUEZ VAZQUEZ Jose Manuel	VETERANS	S	MAIS BICI	59:29
366	347	437 FERNANDEZ GONZALEZ Juan	SENIOR	N	PATUKOS TEAN RUNNING	59:33
367	348	496 LOPEZ REY Sergio	SENIOR	N	ATLETA INDIVIDUAL	59:47
368	349	266 BOCELO PRIETO Jose Antonio	VETERANS	N	CAMBRE	59:53
369	350	360 MONDELO RODRIGUEZ Carlos	VETERANS	N	-	59:54
370	20	531 CODESAL BOLAÑO Mercedes	VETERANS	-	CLUB RIALTO	1:00:24
371	351	450 NEIRA HERMIDA Jose	VETERANS	N	-	1:00:43
372	352	386 CASTRO VARELA Jose Manuel	VETERANS	N	-	1:01:28
373	353	53 MAROZZI FERNANDEZ Washington Omar	VETERANS	S	-	1:01:30
374	21	108 INSUA LEMA Yolanda	SENIOR	N	-	1:01:49
375	22	207 PERISCAL MARTINEZ Huguette	VETERANS	S	-	1:01:49
376	23	256 REY DA SILVA Dolores	SENIOR	N	CORRER EN GALICIA	1:02:32
377	24	542 GARCIA IGLESIAS Sandra	SENIOR	S	-	1:02:49
378	354	592 VARELA FUENTES Alejandro	SENIOR	S	-	1:02:50
379	355	394 GARCIA VAZQUEZ Jose Manuel	VETERANS	S	0	1:03:48
380	356	23 PALOMERO ALBA Francisco Javier	VETERANS	S	-	1:03:58
381	25	228 GONZALEZ HERRADAS Rosa	VETERANS	N	-	1:04:03
382	26	392 VILLANUEVA MARIÑO Isabel	SENIOR	N	-	1:04:13
383	357	212 GARCIA VAZQUEZ Miguel	VETERANS	S	CLUBE DE ATLETISMO ALEJANDRO GÓMEZ	1:05:18
384	27	310 MERTZ Marie Pavlette	VETERANS	N	-	1:08:56
385	358	475 GOMEZ ROJO Raul	VETERANS	N	-	1:12:41
386	28	433 REY PORTEIRO Isabel	VETERANS	N	MEDIA DUCIA	1:12:41
387	359	254 VIDAL BREIJO Andres	SENIOR	N	-	1:16:34
388	360	600 SONEIRA VILLAR Diego Adrián	SENIOR	S	-	1:16:34